

**All-Star Relay Carnival**  
**July 31, 2010**  
**Psych Sheet**

**Event 1 Boys 14 & Under 175 SC Meter Freestyle Graduated Relay****RELAY ORDER****9-10, 2 Lengths; 11-12, 2 lengths****13-14, 2 lengths; 8 & Und, 1 length****MCSL Relay: 1:41.38 7/25/2009 Tilden Woods****NozomiHorikawa-NoahBurgett-BarryMangold-TimEllett**

Team	Relay	Seed Time	Finals	Place
1	Rockville	1:41.73	_____	_____
2	Potomac Woods	1:45.85	_____	_____
3	Stonegate	1:47.09	_____	_____
4	Darnestown	1:49.61	_____	_____
5	Garrett Park	1:50.64	_____	_____
6	Woodcliffe	1:50.94	_____	_____
7	Old Georgetown	1:51.43	_____	_____
8	Wildwood Manor	1:52.69	_____	_____
9	Tilden Woods	X1:43.33	_____	_____
10	Germantown	X1:46.82	_____	_____
11	Potomac Glen	X1:48.76	_____	_____
12	Manchester Farm	X1:49.26	_____	_____

**Event 2 Girls 14 & Under 175 SC Meter Freestyle Graduated Relay****RELAY ORDER****9-10, 2 Lengths; 11-12, 2 Lengths****13-14, 2 Lengths; 8 & Und, 1 Length****MCSL Relay: 1:47.41 7/25/2009 Rockville****ClaudiaGibson-ElainaGu-FayeHixenbaugh-EmilyZhou**

Team	Relay	Seed Time	Finals	Place
1	Rockville	1:50.18	_____	_____
2	Potomac Woods	1:51.29	_____	_____
3	Mill Creek Towne	1:52.31	_____	_____
4	Darnestown	1:52.89	_____	_____
5	Palisades	1:56.75	_____	_____
6	Mohican	1:56.82	_____	_____
7	Garrett Park	1:57.07	_____	_____
8	Cedarbrook	1:58.03	_____	_____
9	Upper County	X1:51.00	_____	_____
10	Bethesda	X1:51.21	_____	_____
11	Tilden Woods	X1:51.93	_____	_____
12	Potomac	X1:53.25	_____	_____

**Event 3 Mixed 15-18 200 SC Meter Freestyle Relay****MUST INCLUDE 2 BOYS AND 2 GIRLS****2 Lengths Each Swimmer****MCSL Relay: 1:43.83 8/3/2002 Tanterra****Kassy Kugler-Chris Tappis-Dana West-Matt Benedick**

Team	Relay	Seed Time	Finals	Place
1	Flower Valley	1:47.09	_____	_____
2	Merrimack Park	1:51.47	_____	_____
3	Mill Creek Towne	1:51.50	_____	_____
4	Tanterra	1:51.70	_____	_____
5	Bannockburn	1:52.06	_____	_____
6	Inverness Forest	1:52.29	_____	_____
7	Seven Locks	1:52.46	_____	_____
8	Regency Estates	1:55.00	_____	_____
9	Bethesda	X1:47.54	_____	_____

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**Event 3 ... (Mixed 15-18 200 SC Meter Freestyle Relay)**

10	Rockville	X1:48.24	Alt	_____	_____
11	Tilden Woods	X1:48.87	Alt	_____	_____
12	Upper County	X1:49.67	Alt	_____	_____

**Event 4 Mixed 13-14 200 SC Meter Freestyle Relay****MUST INCLUDE 2 BOYS AND 2 GIRLS****2 Lengths Each Swimmer**

**MCSL Relay: 1:49.25 8/1/2009 Inverness Forest**  
**E Eig, B Dromerick, N Ares, A Cole**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Rockville		1:50.96		_____	_____
2	Potomac Glen		1:52.91		_____	_____
3	Woodley Gardens		1:56.20		_____	_____
4	Palisades		1:57.23		_____	_____
5	Darnestown		1:58.23		_____	_____
6	Old Georgetown		1:58.43		_____	_____
7	Tallyho		1:59.31		_____	_____
8	Northwest Branch		1:59.41		_____	_____
9	Tilden Woods		X1:51.70	Alt	_____	_____
10	Westleigh		X1:53.65	Alt	_____	_____
11	Mill Creek Towne		X1:57.08	Alt	_____	_____
12	Damascus		X1:57.47	Alt	_____	_____

**Event 5 Mixed 8 & Under 100 SC Meter Freestyle Relay****MUST INCLUDE 2 BOYS AND 2 GIRLS****1 Length Each Swimmer**

**MCSL Relay: 1:07.52 8/1/2009 Tilden Woods**  
**TimEllett-MayaDrill-CameronDarnell-NicoleLopez**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Rockville		1:14.52		_____	_____
2	Mill Creek Towne		1:15.32		_____	_____
3	Woodcliffe		1:15.50		_____	_____
4	Potomac Woods		1:15.53		_____	_____
5	Darnestown		1:18.75		_____	_____
6	Cedarbrook		1:19.02		_____	_____
7	Connecticut Belair		1:20.60		_____	_____
8	Wildwood Manor		1:21.87		_____	_____
9	Quince Orchard		X1:17.46	Alt	_____	_____
10	Stonegate		X1:18.21	Alt	_____	_____
11	Tilden Woods		X1:18.56	Alt	_____	_____
12	Potomac		X1:18.78	Alt	_____	_____

**Event 6 Mixed 9-10 200 SC Meter Freestyle Relay****MUST INCLUDE 2 BOYS AND 2 GIRLS****2 Lengths Each Swimmer**

**MCSL Relay: 2:10.67 7/5/2009 Rockville**  
**S. Wijesekera-C. Gibson-G. Sun-D. Truong**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Tilden Woods		2:12.62		_____	_____
2	Stonegate		2:15.96		_____	_____
3	Potomac Woods		2:19.45		_____	_____
4	Darnestown		2:24.73		_____	_____
5	Garrett Park		2:27.56		_____	_____
6	Tanterra		2:27.68		_____	_____

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**Event 6 ... (Mixed 9-10 200 SC Meter Freestyle Relay)**

7	Franklin Knolls	2:27.88		_____	_____
8	Wildwood Manor	2:34.15		_____	_____
9	Bethesda	X2:15.07	Alt	_____	_____
10	Rockville	X2:15.13	Alt	_____	_____
11	Upper County	X2:20.19	Alt	_____	_____
12	Mill Creek Towne	X2:21.44	Alt	_____	_____

**Event 7 Mixed 11-12 200 SC Meter Freestyle Relay  
MUST INCLUDE 2 BOYS AND 2 GIRLS**

**2 Lengths Each Swimmer**

**MCSL Relay: 1:56.52 7/11/2010 Rockville**

**Elaina Gu-Grace Sun-Karl Treichel-John Jeang**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Rockville		1:56.52		_____	_____
2	Potomac		2:00.54		_____	_____
3	Country Glen		2:05.87		_____	_____
4	Potomac Glen		2:05.99		_____	_____
5	Old Georgetown		2:09.64		_____	_____
6	Regency Estates		2:10.64		_____	_____
7	Wildwood Manor		2:12.19		_____	_____
8	Tallyho		2:12.50		_____	_____
9	Upper County		X2:00.87	Alt	_____	_____
10	Potomac Woods		X2:01.22	Alt	_____	_____
11	Westleigh		X2:03.83	Alt	_____	_____
12	Tilden Woods		X2:05.47	Alt	_____	_____

**Event 8 Boys Open 200 SC Meter Medley Relay**

**ALL AGES ELIGIBLE**

**Back, Breast, Fly, Free**

**2 Lengths Each Swimmer**

**MCSL Relay: 1:49.12 8/3/2002 Country Glen**

**Chris Dufek-Chip Schnabel-Kevin Fisher-Matt Hard**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Flower Valley		1:52.05		_____	_____
2	Hallowell		1:54.13		_____	_____
3	Potomac		1:55.31		_____	_____
4	Seven Locks		1:57.28		_____	_____
5	Stonebridge		1:59.35		_____	_____
6	Kentlands		1:59.51		_____	_____
7	Mohican		1:59.69		_____	_____
8	Wildwood Manor		2:01.75		_____	_____
9	Rockville		X1:54.82		_____	_____
10	Westleigh		X1:55.25		_____	_____
11	Tilden Woods		X1:56.77		_____	_____
12	Upper County		X1:57.01		_____	_____

**Event 9 Girls Open 200 SC Meter Medley Relay**

**ALL AGES ELIGIBLE**

**Back, Breast, Fly, Free**

**2 Lengths Each Swimmer**

**MCSL Relay: 2:02.17 8/1/2009 Bannockburn**

**M Lair Ferrari, C Fosburgh, D Schulkin, E Fosburg**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Bannockburn		2:05.97		_____	_____

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**Event 9 ... (Girls Open 200 SC Meter Medley Relay)**

2	Rockville	2:07.15	_____	_____
3	Mill Creek Towne	2:08.44	_____	_____
4	Inverness Forest	2:10.04	_____	_____
5	Merrimack Park	2:12.21	_____	_____
6	Regency Estates	2:13.51	_____	_____
7	Seven Locks	2:14.21	_____	_____
8	Lake Marion	2:16.28	_____	_____
9	Bethesda	X2:07.45	_____	_____
10	Tilden Woods	X2:07.61	_____	_____
11	Quince Orchard	X2:10.78	_____	_____
12	Flower Valley	X2:11.19	_____	_____

**Event 10 Boys 14 & Under 100 SC Meter Medley Graduated Relay  
1 SWIMMER EACH 8&U,9-10,11-12,13-14**

**Back, Breast, Fly, Free**

**1 Length Each Swimmer**

**MCSL Relay: 1:03.25 7/11/2010 Rockville  
J. Jeang-H. Gu-D. Troung-S. Wijesekera**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Rockville		1:03.25		_____	_____
2	Tilden Woods		1:04.68		_____	_____
3	Stonegate		1:06.87		_____	_____
4	Woodley Gardens		1:08.96		_____	_____
5	Old Georgetown		1:11.25		_____	_____
6	Woodcliffe		1:11.62		_____	_____
7	Connecticut Belair		1:12.14		_____	_____
8	Rockshire		1:14.18		_____	_____
9	Potomac Glen		X1:08.97	Alt	_____	_____
10	Potomac Woods		X1:09.44	Alt	_____	_____
11	Mill Creek Towne		X1:10.09	Alt	_____	_____

**Event 11 Girls 14 & Under 100 SC Meter Medley Graduated Relay  
1 SWIMMER EACH 8&U,9-10,11-12,13-14**

**Back, Breast, Fly, Free**

**1 Length Each Swimmer**

**MCSL Relay: 1:07.35 7/29/2000 Rockville  
Sandra Lee-Debbie Scibek-Isabella Lung-Dorothy Yu**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
1	Upper County		1:09.38		_____	_____
2	Potomac Woods		1:10.82		_____	_____
3	Mill Creek Towne		1:11.44		_____	_____
4	Darnestown		1:12.62		_____	_____
5	Mohican		1:14.25		_____	_____
6	Garrett Park		1:14.99		_____	_____
7	Cedarbrook		1:15.22		_____	_____
8	Wildwood Manor		1:16.84		_____	_____
9	Tilden Woods		X1:09.84	Alt	_____	_____
10	Bethesda		X1:10.28	Alt	_____	_____
11	Rockville		X1:12.63	Alt	_____	_____
12	Manchester Farm		X1:13.31	Alt	_____	_____

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**Event 12 Boys 8 & Under 100 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****1 Length Each Swimmer****MCSL Relay: 1:20.18 7/11/2010****Rockville****Nick Karayianis-Darius Truong-Alan Li-Anthony Qin**

Team	Relay	Seed Time	Finals	Place
1	Rockville	1:20.18	_____	_____
2	Mill Creek Towne	1:27.28	_____	_____
3	Germantown	1:32.75	_____	_____
4	Connecticut Belair	1:33.40	_____	_____
5	Mohican	1:33.69	_____	_____
6	Regency Estates	1:36.49	_____	_____
7	Old Georgetown	1:37.15	_____	_____
8	Rockshire	1:42.31	_____	_____
9	Quince Orchard	X1:28.32	Alt	_____
10	Woodley Gardens	X1:34.46	Alt	_____
11	Robin Hood	X1:36.64	Alt	_____
12	Potomac Glen	X1:36.68	Alt	_____

**Event 13 Girls 8 & Under 100 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****1 Length Each Swimmer****MCSL Relay: 1:23.59 7/30/2005****Poolesville****S Kasner, L James, W Carmack, H Wilson**

Team	Relay	Seed Time	Finals	Place
1	Potomac Woods	1:26.49	_____	_____
2	Bethesda	1:30.08	_____	_____
3	Connecticut Belair	1:32.96	_____	_____
4	Mohican	1:33.55	_____	_____
5	Stonebridge	1:34.10	_____	_____
6	Darnestown	1:34.40	_____	_____
7	Stonegate	1:35.57	_____	_____
8	Wildwood Manor	1:40.65	_____	_____
9	Tilden Woods	X1:33.59	Alt	_____
10	Tallyho	X1:34.12	Alt	_____
11	Woodcliffe	X1:35.08	Alt	_____
12	Rockville	X1:36.81	Alt	_____

**Event 14 Boys 9-10 100 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****1 Length Each Swimmer****MCSL Relay: 1:08.92 7/29/2006****Rockville****A Gibson, H Gu, N Tragotsis, H Menguy**

Team	Relay	Seed Time	Finals	Place
1	Tilden Woods	1:11.69	_____	_____
2	Stonegate	1:12.80	_____	_____
3	Rockville	1:12.91	_____	_____
4	Potomac Woods	1:13.29	_____	_____
5	Cedarbrook	1:16.90	_____	_____
6	Tallyho	1:18.36	_____	_____
7	Garrett Park	1:22.43	_____	_____
8	Wildwood Manor	1:25.91	_____	_____

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**Event 14 ... (Boys 9-10 100 SC Meter Medley Relay)**

9	Woodley Gardens	X1:16.09	Alt	_____	_____
10	Old Georgetown	X1:16.92	Alt	_____	_____
11	Mill Creek Towne	X1:17.00	Alt	_____	_____

**Event 15 Girls 9-10 100 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****1 Length Each Swimmer**

**MCSL Relay: 1:09.36 7/26/2008 Rockville**  
**Xaveria Steele-Lynn Zhang-Claudia Gibson-Elaina Gu**

Team	Relay	Seed Time		Finals	Place
1	Bethesda	1:10.59		_____	_____
2	Stonegate	1:13.21		_____	_____
3	Kentlands	1:19.38		_____	_____
4	Mohican	1:20.18		_____	_____
5	Damascus	1:20.57		_____	_____
6	Wildwood Manor	1:23.27		_____	_____
7	Connecticut Belair	1:23.57		_____	_____
8	Merrimack Park	1:24.53		_____	_____
9	Tilden Woods	X1:15.66	Alt	_____	_____
10	Mill Creek Towne	X1:18.00	Alt	_____	_____
11	Upper County	X1:19.96	Alt	_____	_____
12	Potomac Woods	X1:21.07	Alt	_____	_____

**Event 16 Mixed 15-18 200 SC Meter Medley Relay****MUST INCLUDE 2 BOYS AND 2 GIRLS****Back, Breast, Fly, Free****2 Lengths Each Swimmer**

**MCSL Relay: 1:54.98 7/2/2006 Flower Valley**  
**Kelli Kyle-Colleen Haase-Mike Haseman-Ben Mechack**

Team	Relay	Seed Time		Finals	Place
1	Flower Valley	1:56.57		_____	_____
2	Bannockburn	2:02.91		_____	_____
3	Hallowell	2:03.31		_____	_____
4	Merrimack Park	2:03.66		_____	_____
5	Seven Locks	2:04.26		_____	_____
6	Tanterra	2:06.64		_____	_____
7	River Falls	2:09.10		_____	_____
8	Inverness Forest	2:09.68		_____	_____
9	Rockville	X1:57.65	Alt	_____	_____
10	Bethesda	X2:01.38	Alt	_____	_____
11	Tilden Woods	X2:01.90	Alt	_____	_____
12	Upper County	X2:03.64	Alt	_____	_____

**Event 17 Boys 11-12 200 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****2 Lengths Each Swimmer**

**MCSL Relay: 2:09.88 6/22/2008 Rockville**  
**M Katsigiannakis, H Gu, N Tragotsis, A Gibson**

Team	Relay	Seed Time		Finals	Place
1	Rockville	2:14.08		_____	_____
2	Potomac Glen	2:25.75		_____	_____
3	Country Glen	2:26.75		_____	_____

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**Event 17 ... (Boys 11-12 200 SC Meter Medley Relay)**

4	Old Georgetown	2:29.01		
5	Potomac	2:30.87		
6	Lake Marion	2:31.93		
7	Wildwood Manor	2:32.02		
8	Kentlands	2:32.66		
9	Westleigh	X2:21.40	Alt	
10	Upper County	X2:26.63	Alt	
11	Connecticut Belair	X2:26.81	Alt	
12	Mill Creek Towne	X2:31.14	Alt	

**Event 18 Girls 11-12 200 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****2 Lengths Each Swimmer****MCSL Relay: 2:11.84 8/1/2009 Rockville****Elaina Gu-Jessica Chen-Scarlett Sun-Emily Zhang**

Team	Relay	Seed Time	Finals	Place
1	Rockville	2:20.51		
2	Manchester Farm	2:20.89		
3	Cedarbrook	2:25.40		
4	Darnestown	2:27.23		
5	Country Glen	2:28.46		
6	Potomac Woods	2:29.99		
7	Woodcliffe	2:31.15		
8	Palisades	2:45.20		
9	Upper County	X2:26.40	Alt	
10	Flower Valley	X2:27.89	Alt	
11	Tilden Woods	X2:28.05	Alt	
12	Stonegate	X2:28.94	Alt	

**Event 19 Boys 13-14 200 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****2 Lengths Each Swimmer****MCSL Relay: 1:59.40 7/11/2010 Quince Orchard****Alvin Wang-Jeremy Liu-XavierLaracuenta-Jake Engel**

Team	Relay	Seed Time	Finals	Place
1	Quince Orchard	1:59.40		
2	Rockville	2:01.15		
3	Woodley Gardens	2:04.78		
4	Northwest Branch	2:05.51		
5	Darnestown	2:07.52		
6	Old Georgetown	2:08.27		
7	Woodcliffe	2:10.16		
8	Palisades	2:12.59		
9	Tilden Woods	X2:01.59	Alt	
10	Westleigh	X2:03.47	Alt	
11	Stonegate	X2:04.78	Alt	
12	Mill Creek Towne	X2:08.84	Alt	

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**Event 20 Girls 13-14 200 SC Meter Medley Relay****STROKE ORDER****Back, Breast, Fly, Free****2 Lengths Each Swimmer**

**MCSL Relay: 2:05.65 8/1/2009 Inverness Forest**  
**L Garcia, N Kronfli, N Ares, B Dromerick**

Team	Relay	Seed Time	Finals	Place
1	Tilden Woods	2:10.62	_____	_____
2	Inverness Forest	2:14.60	_____	_____
3	Mill Creek Towne	2:15.40	_____	_____
4	Old Georgetown	2:20.96	_____	_____
5	Woodley Gardens	2:22.47	_____	_____
6	Seven Locks	2:22.73	_____	_____
7	Mohican	2:22.83	_____	_____
8	Regency Estates	2:25.39	_____	_____
9	Rockville	X2:13.10	Alt	_____
10	Upper County	X2:19.90	Alt	_____
11	Bethesda	X2:20.44	Alt	_____
12	Chevy Chase Rec	X2:20.97	Alt	_____

**Event 21 Boys 18 & Under 250 SC Meter Freestyle Crescendo Relay****RELAY ORDER: 8 & Under, 1 Length****11-12, 2 Lengths; 15-18, 4 Lengths****13-14, 2 Lengths; 9-10, 1 Length**

**MCSL Relay: 2:14.69 8/1/2009 Tilden Woods**  
**T Ellett-N Burgett-E Friedland-G Powell-N Horikawa**

Team	Relay	Seed Time	Finals	Place
1	Rockville	2:22.23	_____	_____
2	Germantown	2:27.24	_____	_____
3	Stonegate	2:28.53	_____	_____
4	Old Georgetown	2:29.52	_____	_____
5	Wildwood Manor	2:32.08	_____	_____
6	Garrett Park	2:32.34	_____	_____
7	Tallyho	2:33.34	_____	_____
8	Kentlands	2:35.93	_____	_____
9	Tilden Woods	X2:23.25	Alt	_____
10	Westleigh	X2:24.52	Alt	_____
11	Potomac Glen	X2:29.55	Alt	_____
12	Potomac Woods	X2:30.49	Alt	_____

**Event 22 Girls 18 & Under 250 SC Meter Freestyle Crescendo Relay****RELAY ORDER: 8 & Under, 1 Length****11-12, 2 Lengths; 15-18, 4 Lengths****13-14, 2 Lengths; 9-10, 1 Length**

**MCSL Relay: 2:29.29 7/26/2008 Mill Creek Towne**  
**E Matusek-C Clark-M Waters-C Mulquin-A Wallace**

Team	Relay	Seed Time	Finals	Place
1	Rockville	2:32.28	_____	_____
2	Mill Creek Towne	2:37.76	_____	_____
3	Darnestown	2:39.80	_____	_____
4	Potomac	2:40.25	_____	_____
5	Palisades	2:43.92	_____	_____
6	Garrett Park	2:45.50	_____	_____
7	Stonebridge	2:45.70	_____	_____
8	Woodcliffe	2:46.22	_____	_____

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**Event 22 ... (Girls 18 & Under 250 SC Meter Freestyle Crescendo Relay)**

9	Tilden Woods	X2:35.15	Alt	_____	_____
10	Bethesda	X2:35.59	Alt	_____	_____
11	Flower Valley	X2:35.91	Alt	_____	_____
12	Upper County	X2:38.32	Alt	_____	_____