

**All-Star Relay Carnival****August 1, 2009****Psych Sheet****Event 3 Mixed 15-18 200 SC Meter Freestyle Relay****MCSL Relay: 1:43.83 8/3/2002 Tanterra****Kassy Kugler-Chris Tappis-Dana West-Matt Benedick**

Team	Relay	Seed Time	Finals	Place
1	Norbeck Hills	1:52.06	_____	_____
2	Wildwood Manor	1:55.98	_____	_____
3	North Creek	1:56.34	_____	_____
4	Forest Knolls	1:56.78	_____	_____
5	North Chevy Chase	1:57.81	_____	_____
6	Clopper's Mill	1:58.72	_____	_____
7	New Mark Commons	2:06.06	_____	_____
8	Twinbrook	2:06.53	_____	_____
9	Inverness	X1:57.47	Alt	_____
10	Little Falls	X1:57.73	Alt	_____
11	Calverton	X1:57.97	Alt	_____
12	Wheaton Woods	X1:58.01	Alt	_____

**Event 4 Mixed 13-14 200 SC Meter Freestyle Relay****MCSL Relay: 1:51.97 7/30/2005 Wildwood Manor****A Budner-A Beiber-M Vucic-G Seawright**

Team	Relay	Seed Time	Finals	Place
1	Inverness	1:52.19	_____	_____
2	Norbeck Grove	2:02.28	_____	_____
3	Long Branch	2:02.45	_____	_____
4	Manor Woods	2:05.49	_____	_____
5	Wildwood Manor	2:05.79	_____	_____
6	Old Farm	2:12.93	_____	_____
7	Tanglewood	2:14.18	_____	_____
8	Diamond Farms	2:21.38	_____	_____
9	Chevy Chase Rec	X1:59.22	Alt	_____
10	Woodcliffe	X2:00.47	Alt	_____
11	Glenmont	X2:02.53	Alt	_____
12	Eldwick	X2:03.97	Alt	_____

**Event 5 Mixed 8 & Under 100 SC Meter Freestyle Relay****MCSL Relay: 1:08.62 7/29/2006 Potomac****Markus Hurd-Kriza Sy-Katherine Stein-Adrian Lin**

Team	Relay	Seed Time	Finals	Place
1	Ashton	1:19.38	_____	_____
2	Woodcliffe	1:21.57	_____	_____
3	Lakelands	1:22.80	_____	_____
4	Fallsmead	1:24.56	_____	_____
5	Somerset	1:25.74	_____	_____
6	James Creek	1:31.06	_____	_____
7	Middlebridge	1:34.75	_____	_____
8	West Hillandale	1:43.78	_____	_____
9	Plantations	X1:19.59	Alt	_____
10	Carderock Springs	X1:22.03	Alt	_____
11	Kenmont	X1:25.63	Alt	_____
12	Inverness	X1:25.87	Alt	_____

**Event 6 Mixed 9-10 200 SC Meter Freestyle Relay****MCSL Relay: 2:10.69 6/22/2008 Rockville****J Jeang, D Yook, C Gibson, E Gu**

Team	Relay	Seed Time	Finals	Place
1	Lakelands	2:27.79	_____	_____

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## Event 6 ... (Mixed 9-10 200 SC Meter Freestyle Relay)

2	Palisades	2:32.53	_____	_____
3	Clopper's Mill	2:33.90	_____	_____
4	Waters Landing	2:35.88	_____	_____
5	Fallsmead	2:38.60	_____	_____
6	Twin Farms	2:38.90	_____	_____
7	Forest Knolls	2:44.69	_____	_____
8	New Mark Commons	3:02.30	_____	_____
9	Calverton	X2:31.40	Alt	_____
10	Chevy Chase Rec	X2:34.09	Alt	_____
11	Woodcliffe	X2:36.56	Alt	_____
12	Norbeck Hills	X2:36.74	Alt	_____

## Event 7 Mixed 11-12 200 SC Meter Freestyle Relay

MCSL Relay: 1:58.99 7/6/2004 Hallowell

Mike Anderson-Katie Murray-Blair Webb-Eric Conrad

Team	Relay	Seed Time	Finals	Place
1	Palisades	2:05.30	_____	_____
2	King Farm	2:08.88	_____	_____
3	Plantations	2:13.27	_____	_____
4	Glenmont	2:18.90	_____	_____
5	Quail Valley	2:19.78	_____	_____
6	Flower Hill	2:22.10	_____	_____
7	Forest Knolls	2:25.76	_____	_____
8	West Hillandale	2:29.55	_____	_____
9	Woodcliffe	X2:12.53	Alt	_____
10	Chevy Chase Rec	X2:12.84	Alt	_____
11	Little Falls	X2:13.34	Alt	_____
12	Daleview	X2:16.96	Alt	_____

## Event 10 Boys 14 &amp; Under 100 SC Meter Medley Graduated Relay

MCSL Relay: 1:05.25 7/30/2005 Tilden Woods

G Powell-E Friedland-K Spak-J Snodderly

Team	Relay	Seed Time	Finals	Place
1	Woodcliffe	1:14.50	_____	_____
2	Somerset	1:16.41	_____	_____
3	Quail Valley	1:16.62	_____	_____
4	North Chevy Chase	1:17.77	_____	_____
5	King Farm	1:17.99	_____	_____
6	Forest Knolls	1:22.77	_____	_____
7	West Hillandale	1:24.13	_____	_____
8	Middlebridge	1:25.74	_____	_____
9	Palisades	X1:14.53	Alt	_____
10	Lakelands	X1:18.63	Alt	_____
11	Ashton	X1:18.75	Alt	_____
12	Inverness	X1:18.84	Alt	_____

## Event 11 Girls 14 &amp; Under 100 SC Meter Medley Graduated Relay

MCSL Relay: 1:07.35 7/29/2000 Rockville

Sandra Lee-Debbie Scibek-Isabella Lung-Dorothy Yu

Team	Relay	Seed Time	Finals	Place
1	Woodcliffe	1:17.10	_____	_____
2	Ashton	1:17.44	_____	_____
3	Kenmont	1:17.71	_____	_____
4	Forest Knolls	1:19.28	_____	_____

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5	Little Falls	1:19.94		
6	Norbeck Grove	1:21.66		
7	Middlebridge	1:26.31		
8	Diamond Farms	1:31.63		
9	Eldwick	X1:17.19	Alt	
10	Plantations	X1:17.78	Alt	
11	Carderock Springs	X1:18.47	Alt	
12	Inverness	X1:18.79	Alt	

**Event 12 Boys 8 & Under 100 SC Meter Medley Relay****MCSL Relay: 1:21.13 7/26/2008 Tilden Woods****J Burgett, T Ellett, M Braviak, W Koenick**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
1	Woodcliffe		1:36.44		
2	Ashton		1:38.61		
3	Fallsmead		1:44.13		
4	Norbeck Grove		1:45.82		
5	King Farm		1:46.32		
6	Wheaton Woods		1:50.31		
7	West Hillandale		2:09.88		
8	Middlebridge		2:11.78		
9	Plantations		X1:39.53	Alt	
10	Carderock Springs		X1:45.19	Alt	
11	Kenmont		X1:46.24	Alt	
12	Somerset		X1:47.94	Alt	

**Event 13 Girls 8 & Under 100 SC Meter Medley Relay****MCSL Relay: 1:23.59 7/30/2005 Pooleville****S Kasner, L James, W Carmack, H Wilson**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
1	Plantations		1:40.00		
2	Woodcliffe		1:40.44		
3	Lakelands		1:45.59		
4	Somerset		1:46.06		
5	Kenmont		1:49.12		
6	East Gate		1:49.97		
7	Washingtonian Woods		2:07.63		
8	West Hillandale		2:17.24		
9	Palisades		X1:43.53	Alt	
10	Carderock Springs		X1:46.83	Alt	
11	King Farm		X1:46.84	Alt	
12	Inverness		X1:47.02	Alt	

**Event 14 Boys 9-10 100 SC Meter Medley Relay****MCSL Relay: 1:08.92 7/29/2006 Rockville****A Gibson, H Gu, N Tragotsis, H Menguy**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
1	Woodcliffe		1:20.47		
2	Somerset		1:22.51		
3	Fallsmead		1:23.93		
4	King Farm		1:24.65		
5	North Chevy Chase		1:27.18		
6	Twinbrook		1:29.03		
7	James Creek		1:33.57		

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**Event 14 ... (Boys 9-10 100 SC Meter Medley Relay)**

8	New Mark Commons	1:40.56		_____	_____
9	Palisades	X1:22.44	Alt	_____	_____
10	Whetstone	X1:25.63	Alt	_____	_____
11	Clopper's Mill	X1:26.04	Alt	_____	_____
12	Calverton	X1:26.16	Alt	_____	_____

**Event 15 Girls 9-10 100 SC Meter Medley Relay**

**MCSL Relay: 1:09.36 7/26/2008 Rockville**  
**X Steele, L Zhang, C Gibson, E Gu**

Team	Relay	Seed Time		Finals	Place
1	Old Farm	1:22.09		_____	_____
2	Twin Farms	1:24.53		_____	_____
3	Norbeck Hills	1:25.78		_____	_____
4	Wildwood Manor	1:27.14		_____	_____
5	Ashton	1:27.69		_____	_____
6	Norbeck Grove	1:31.63		_____	_____
7	Forest Knolls	1:35.70		_____	_____
8	West Hillandale	1:51.40		_____	_____
9	Hillandale	X1:26.67	Alt	_____	_____
10	Woodcliffe	X1:26.69	Alt	_____	_____
11	Lakelands	X1:27.71	Alt	_____	_____
12	Carderock Springs	X1:28.46	Alt	_____	_____

**Event 16 Mixed 15-18 200 SC Meter Medley Relay**

**MCSL Relay: 1:54.98 7/2/2006 Flower Valley**  
**Kelli Kyle, C Haase, M Haseman, Ben Mehack**

Team	Relay	Seed Time		Finals	Place
1	Norbeck Hills	2:07.28		_____	_____
2	Clopper's Mill	2:11.09		_____	_____
3	Ashton	2:11.75		_____	_____
4	Calverton	2:12.82		_____	_____
5	Wheaton Woods	2:13.50		_____	_____
6	North Creek	2:14.19		_____	_____
7	Twin Farms	2:22.94		_____	_____
8	New Mark Commons	2:23.22		_____	_____
9	Inverness	X2:12.75	Alt	_____	_____
10	Wildwood Manor	X2:13.25	Alt	_____	_____
11	Forest Knolls	X2:13.75	Alt	_____	_____
12	North Chevy Chase	X2:14.00	Alt	_____	_____

**Event 17 Boys 11-12 200 SC Meter Medley Relay**

**MCSL Relay: 2:09.88 6/22/2008 Rockville**  
**M Katsigiannakis, H Gu, N Tragotsis, A Gibson**

Team	Relay	Seed Time		Finals	Place
1	Somerset	2:34.72		_____	_____
2	Plantations	2:38.21		_____	_____
3	Quail Valley	2:40.68		_____	_____
4	Woodcliffe	2:41.10		_____	_____
5	King Farm	2:41.33		_____	_____
6	Flower Hill	2:49.33		_____	_____
7	Forest Knolls	2:49.66		_____	_____
8	West Hillandale	3:04.10		_____	_____
9	Whetstone	X2:38.85	Alt	_____	_____
10	Carderock Springs	X2:39.83	Alt	_____	_____

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## Event 17 ... (Boys 11-12 200 SC Meter Medley Relay)

11	Palisades	X2:41.16	Alt	_____	_____
12	Lakelands	X2:41.49	Alt	_____	_____

## Event 18 Girls 11-12 200 SC Meter Medley Relay

MCSL Relay: 2:16.00 7/1/2001 Damascus

M Ribar-T Shelhorse-R Greene-N Quinn

Team	Relay	Seed Time		Finals	Place
1	King Farm	2:27.40		_____	_____
2	Inverness	2:32.75		_____	_____
3	Quail Valley	2:39.11		_____	_____
4	Ashton	2:42.53		_____	_____
5	Clopper's Mill	2:50.56		_____	_____
6	Washingtonian Woods	2:54.85		_____	_____
7	East Gate	3:00.22		_____	_____
8	West Hillandale	3:14.32		_____	_____
9	Chevy Chase Rec	X2:34.56	Alt	_____	_____
10	Eldwick	X2:35.58	Alt	_____	_____
11	Woodcliffe	X2:36.00	Alt	_____	_____
12	Palisades	X2:38.28	Alt	_____	_____

## Event 19 Boys 13-14 200 SC Meter Medley Relay

MCSL Relay: 2:01.57 8/1/1998 Quince Orchard

Paul Novick, Daniel Velez, C Janos, D Schwab

Team	Relay	Seed Time		Finals	Place
1	Waters Landing	2:07.41		_____	_____
2	Woodcliffe	2:10.81		_____	_____
3	Norbeck Grove	2:17.79		_____	_____
4	Old Farm	2:19.58		_____	_____
5	Long Branch	2:23.80		_____	_____
6	Little Falls	2:24.27		_____	_____
7	Twin Farms	2:33.31		_____	_____
8	Parkland	2:57.18		_____	_____
9	Chevy Chase Rec	X2:20.87	Alt	_____	_____
10	Whetstone	X2:21.10	Alt	_____	_____
11	Plantations	X2:21.30	Alt	_____	_____
12	Clopper's Mill	X2:25.91	Alt	_____	_____

## Event 20 Girls 13-14 200 SC Meter Medley Relay

MCSL Relay: 2:09.23 7/30/2005 Rockville

C Chaung, S Dragacevac, A Watkins, A Menguay

Team	Relay	Seed Time		Finals	Place
1	Inverness	2:10.40		_____	_____
2	Manor Woods	2:31.60		_____	_____
3	Long Branch	2:32.31		_____	_____
4	Quail Valley	2:32.96		_____	_____
5	Daleview	2:34.22		_____	_____
6	Norbeck Grove	2:34.28		_____	_____
7	Tanglewood	2:57.40		_____	_____
8	Diamond Farms	3:05.49		_____	_____
9	Eldwick	X2:21.66	Alt	_____	_____
10	Ashton	X2:33.97	Alt	_____	_____
11	Norbeck Hills	X2:34.00	Alt	_____	_____
12	Carderock Springs	X2:34.38	Alt	_____	_____

**All-Star Relay Carnival****August 1, 2009****Psych Sheet****Event 21 Boys 18 & Under 250 SC Meter Freestyle Crescendo Relay****MCSL Relay: 2:21.04 7/26/2008 Northwest Branch****Mazariegos-Mion-MacKenzie-Downey-Hedgepeth**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
1	Palisades	2:34.57	_____	_____
2	Ashton	2:36.66	_____	_____
3	Wildwood Manor	2:37.18	_____	_____
4	Somerset	2:39.75	_____	_____
5	Quail Valley	2:43.89	_____	_____
6	Forest Knolls	2:47.72	_____	_____
7	Middlebridge	2:56.45	_____	_____
8	West Hillandale	3:01.69	_____	_____
9	Woodcliffe	X2:37.13	Alt	_____
10	Norbeck Hills	X2:37.68	Alt	_____
11	North Chevy Chase	X2:38.63	Alt	_____
12	King Farm	X2:42.93	Alt	_____

**Event 22 Girls 18 & Under 250 SC Meter Freestyle Crescendo Relay****MCSL Relay: 2:29.29 7/26/2008 Mill Creek Towne****E Matusek-C Clark-M Waters-C Mulquin-A Wallace**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
1	Chevy Chase Rec	2:41.07	_____	_____
2	Carderock Springs	2:47.11	_____	_____
3	Wildwood Manor	2:48.24	_____	_____
4	Long Branch	2:52.22	_____	_____
5	Norbeck Grove	2:53.08	_____	_____
6	North Creek	2:55.37	_____	_____
7	Washingtonian Woods	3:05.20	_____	_____
8	West Hillandale	3:11.28	_____	_____
9	Inverness	X2:46.16	Alt	_____
10	Palisades	X2:47.57	Alt	_____
11	Ashton	X2:48.78	Alt	_____
12	Plantations	X2:51.53	Alt	_____