

MCSL Individual All Star Meet COVID-19 Meet Supplement

Risks and Waiver of Liability

- By attending or participating in the Montgomery Country Swim League (“MCSL”) Individual All Star Meet you acknowledge the following:
 - An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
 - MCSL and its member teams cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in an MCSL meet. It is not possible to prevent against the presence of the disease. Therefore, if you or your child/children choose to participate in the MCSL Individual All Star Meet, you may be exposing yourself and/or your child/children to and/or increasing your/their risk of contracting or spreading COVID-19.

- **BY ATTENDING OR PARTICIPATING IN THIS COMPETITION YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS MCSL, MCSL MEMBER TEAMS AND THE CITY OF ROCKVILLE DEPARTMENT OF RECREATION AND PARKS AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.**

- We have taken enhanced health and safety measures for all attending this meet; however, we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow posted instructions and the COVID-19 Protocols included in the MCSL Individual All Stars COVID-19 Meet Supplement while in attendance.

- By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of MCSL, the State of Maryland, Montgomery County and the MCSL Individual All Stars COVID-19 protocols contained herein.

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COVID-19 Protocols

- Participants are not permitted to attend this meet if the answer to any of the below questions is “Yes” and by attending the meet you are attesting that you and your child/children are compliant with this requirement.
 - Do you have a body temperature greater than 100.4 degrees?
 - Are you experiencing any symptoms associated with COVID-19, including, but not limited to, fever, cough, unusual fatigue, headache, nausea, or loss of taste or smell?
 - Have you tested positive for COVID-19, and, if so, have fewer than 10 days elapsed from the date of the positive test result, or have you experienced symptoms in the last 24 hours?
 - Have you been identified as a close contact of anyone who has tested positive for COVID-19, and are you currently subject to quarantine under federal, state or county guidelines?

- Locker Room usage should be minimized, and athletes should arrive and depart in their suits, if possible.

- The Fitness Pool bathrooms (near the snack bar) and Recreation Pool bathhouse (by the main outdoor entrance) will be available for emergency use.

- Meet participants should thoroughly familiarize themselves with the Meet Layout which is available on the Individual All Stars tab of the MCSL website.

- Spectators will be allowed at this meet.
 - Dedicated spectator seating will be available in the tiered spectator seating area adjacent to the pool deck and standing room space will be available for spectators on the walkways behind the tiered seating and on the upper patio.
 - If needed, spectators may also utilize the Team Areas that are set aside for athletes and coaches.
 - Due to the number of participants that are expected to attend this meet, it is strongly encouraged that only immediate family members of participating athletes attend the meet and, that upon completion of their events, athletes and their families exit the facility.
 - Only athletes, officials, timers, and coaches will be allowed on the pool deck surrounding the competition area.

- Meet participants, including athletes, coaches, officials and other volunteers, and spectators are not required to wear face coverings if they are fully vaccinated. However, face coverings are strongly encouraged for those participants that are not fully vaccinated.

- If a participant is not fully vaccinated and is not wearing a face covering it is strongly encouraged that, to the extent possible, the participant should remain physically distanced from other meet participants.

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- If an athlete is masked, chooses to wear a mask to the Starting Area and is swimming either a 50M or 100M event, once they are in position behind their lane the athlete must place their mask in a labeled plastic bag and place the bag in one of the face-covering baskets that will be behind each lane. Athletes may then retrieve their masks from the baskets upon completion of their event.
- If an athlete is masked, chooses to wear a mask to the Starting Area and is swimming a 25M event, they must bring a coach to the Clerk of Course, place their mask in a labeled plastic bag upon entering the Starting Area and hand the labeled plastic bag, containing the mask, to their coach.
- To limit the number of athletes on the pool deck at the start, a clerk of course and heat staging area will be utilized for this meet.