

The North Creek Neptunes Need Coaches!

ASSISTANT COACH (2 or 3, Depending on Applicants) duties include: 1) Coaching at daily practice sessions, 2) Providing constructive feedback and instruction to swimmers (every swimmer should get some amount of feedback at every session), 3) in-water coaching and demonstration, and 4) participating at team social events, 5) Assist head coach, conduct, 6) Conduct Stoke, Turn, & Start instruction & workshops, 7) Monitor sets and practices. 8) Help at all meets. 9) Be able to run select practices and meets (A or B) independently when necessary. 10) Be able to provide constructive feedback to swimmers on stroke technique in and out of the water. Each Assistant Coach will run a pre/developmental team session (AM or PM), involving pre-team classes and swim instruction for young beginners age group 5 to 8 or swim instruction for Developmental Swimmers (9 & above). Assistant Coaches will also do one-on-one instruction at every session. Assistant Coaches will participate in local “Mini-Meets” for young swimmers and lead in team spirit activities (Friday evening socials, theme preparation) for A, B, and Mini-meets.

Preferred candidates will have coaching, instruction, and competitive swim team experience. Should enjoy working with children, be energetic and possess the ability to instruct, motivate and unite swimmers of all ages and abilities. Coaches are expected to demonstrate leadership and sportsmanship, promote team spirit, have a fun disposition, provides constructive encouragement to beginning swimmers in a positive manner, and be motivated to make the summer season a memorable time for our swimmers. Current CPR and Life Saving Certificate required, Pool Operator’s License a “plus”.

About Our Team! The Neptunes swim team has over 160 swimmers and has been in MCSL for over 30 years. The swim team will compete in MCSL Division L in 2011. We focus on giving our children a fun and memorable summertime experience that also improve swimmer performance through competitions and practices. Our swim program includes a Pre-Team for 8 & Under, a developmental Team, Competition Team, and a training program for parents. Our team web site is <http://www.goneptunes.com> and we run Facebook and MySpace pages for our 13-18 aged swimmers. In addition to the regular summer meets our team hosts a “Long Course” meet each July.

Pool Location: North Creek’s main pool is located on 20215 Arrowhead Road, Montgomery Village MD, 200886. It is a full 100m by 50m competition pool with a 1m springboard and a large clubhouse facility. The team also practices weekday evenings at the nearby Hurley Park pool in Montgomery Village.

Practice Sessions: (Tentative)

Memorial Weekend to MCPS School End: (Monday-Friday)	Wed June 18 – end of season (Monday-Friday)
Afternoon Practice @ North Creek: 11 & older 6:30-7:30 pm 10 & under 5:30-6:30 pm Pre-Team: TBD	Morning Practice @ North Creek: 11 & older (Comp & Dev) 8:30-10:00 am 10 & under (Comp, Dev, & Pre Team) 10:00-11:00 am Afternoon Practice @ Hurley: 11 & older (Comp, Dev) 7:15-8:00 pm
June 13-15: Special Practice Days	10 & under (Comp, Dev, & Pre Team) 6:30-7:15 pm

Compensation: We offer a competitive salary. Additional income from private swim lessons is possible.

Contact: To apply please submit a resume or letter identifying prior relevant experience, salary requirements and a list of references to: Dave Lechner (Dave@lechneronline.com) or call via telephone at area code (240) four one eight, - one five four four.