



Inverness Recreation Club

www.nessies.org

10820 Deborah Dr, Potomac, MD 20854

The Inverness Nessies are seeking an Assistant Coach for the 2019 season to help lead the swim team for a fun summer of learning in a friendly competitive environment. The Nessies typically include 150+ swimmers and look to build upon a fantastic 2018 season in which the team won Division I and was assigned to Division F for the 2019 season. We have many terrific swimmers and an exceptional core group of coaches.

The ideal candidates will have swim coaching and teaching experience, experience working with young people, have at least begun college, and possess excellent teamwork and communications skills.

Position runs from mid-May to the end of July. Responsibilities include:

1. Assist in the coaching of the summer competitive swim team as Assistant Coach.
2. Assist head coach and helps with setting up the pool for practices and meets, confirming that selected swimmers will attend "A" meets, prepping any materials for meets or other team functions.
3. Assist in developing and implementing practices, including clinics on diving and flip turns.
4. Attend all meets, including: Long-course Invitation, Relay Carnival, Divisional championships, All-Star Relays and All-Star Individuals, as well as any other Invitational meets.
5. Give positive, encouraging and specific feedback on a daily basis with regard to stroke technique; including helping swimmers set goals.
6. Provide pre- and post-race feedback to the swimmers during dual meets.
7. Work in conjunction with Parent Reps to develop new programs, ideas, and ways to motivate and develop swimmers.
8. Attend meetings, clinics, banquet fundraisers or team social functions as required and needed.

Other job requirements include:

- Ability to coach and teach all four strokes confidently.
- Willingness to learn swimming computer software.
- Knowledgeable of MCSL procedures and rules.
- Current Lifeguard and CPR Certification

Salary is competitive. Inverness offers a base salary and annual bonus.

If interested in this position please contact information and resume to: arep@nessies.org