



Forest Knolls Swim Team * 11105 Foxglove Ln. * Silver Spring, MD 20901

The Forest Knolls Seahawks Swim Team, made up of 85 swimmers in MCSL Division L, is seeking a Head Coach for the 2012 season. We are a neighborhood pool with a strong sense of community. The team emphasizes fun, competition, Seahawk spirit, and camaraderie. Our goal is to provide a memorable swimming experience with enjoyment and excitement for all.

Head Coach Requirements:

- **Previous head coach or assistant coaching experience**
- **Strong leadership, interpersonal, and communication skills**
- **Ability to motivate, give technical instruction, and provide personal feedback to all swimmers**
- **Knowledge of MCSL rules and procedures**
- **Knowledge of Hy-Tek Meet Manager (training available)**
- **Current life guarding and CPR certifications**

Head Coach Expectations:

- **Coach daily morning and afternoon practices**
- **Create weekly line-ups for A and B meets**
- **Lead and manage team at weekly A & B Dual Meets, Relay Carnival, Divisionals, All Stars, and MCSL Long Course**
- **Manage, guide, and train assistant coaches**
- **Participate in team social events**
- **Communicate effectively with team representatives, parents, and children**
- **Bring motivation, enthusiasm and team spirit**

Competitive salary. Opportunities for additional income through private lessons and/or clinics are possible.

Along with your resume, please send a brief email with qualifications, references, and contact information to:

Laurie Forte
team_rep@forestknollspool.com