

## Daleview Masters Head Coach

Time Commitment: 6 hours of coaching + additional time for planning/managing coaching staff, depending on enrollment. Ideally, the head coach and an assistant coach would attend each practice.

Practices run Memorial Day through Labor Day (14 weeks):

- Tuesday 6-7am
- Tuesday 9-10pm
- Thursday 6-7am
- Thursday 9-10pm
- Sunday 8-9am
- Sunday 9-10am

The head coach for the Masters program at Daleview will strive to follow the stated goals of United States Masters member teams. Among them, the successful candidate must:

- Possess strong knowledge of stroke technique and mechanics, drills and must understand training cycles and season planning.
- Structure practices and tailor cohesive workouts for all adult (18+) Masters participants, including competitive swimmers, those seeking to improve fitness, triathletes/open water enthusiasts and beginners (defined as being able to swim a length of the pool without stopping and interested in learning strokes).
- Run a program that is welcoming to all adult swimmers regardless of ability level.
- Select and manage a coaching staff to take an interest in each swimmer, helping them to set goals and offer motivation.
- Maintain a standard of excellence in all tasks.
- Arrive 15 minutes before start time for all practices (on the clock) to prepare the pool (e.g., install lane ropes, remove ladders). Communicate the workout clearly and be engaged with swimmers throughout. Post workouts on Masters-related social media.
- Make it fun! Plan and implement friendly relays/races for those interested. Work on starts/turns for those interested.

Preferred Qualifications:

- Be a USA Swimming certified coach with experience in adult stroke instruction
- Have 3+ years experience coaching adult swimmers
- Be a certified lifeguard
- Have CPR & First Aid certification
- Be an effective communicator in person and online

Pay – commensurate with experience; will be compensated for time spent in preparation.

Completed applications received by 4/22 will receive full consideration. Later applications will be accepted until the position is filled.

To apply, please send a cover letter, resume, and two sample workouts to [president@daleview.org](mailto:president@daleview.org).